DEPARTMENT OF PUBLIC SAFETY CORRESPONDENCE DISTRIBUTION

SUBJECT: COR.10.1F.01: Healthy Lifestyle Promotion, effective NOVEMBER 06, 2018

TO: Deputy Directors, DAs, BAs, Wardens, SOs, and Division/Branch Policy Coordinators

FROM: PSD P&P Coordinator
DATE: November 06, 2018

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Inter-Office MEMORANDUM

DEPARTMENT OF PUBLIC SAFETY

No			
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November 06, 2018

TO:

FROM:

Nolan P. Espinda, Director

SUBJECT:

AMMENDMENTS TO COR.10.1F.01: HEALTH LIFESTYLE

PROMOTION

The following are the significant changes to COR.10.1F.01, effective November 06, 2018:

- 1) Section 2.0, Scope, reordered to reflect the current standardized policy format.
- 2) Section 3.0, References and Definitions, updated references and definitions.
- 3) Other minor grammar and formatting changes.

If you require any clarification, please contact Wesley Mun at 808-587-2536 or wesley.k.mun@hawaii.gov.



DEPARTMENT OF PUBLIC SAFETY

CORRECTIONS ADMINISTRATION

EFFECTIVE DATE: 11/06/18

POLICY NO.: COR.10.1F.01

SUPERSEDES (Policy No. & Date): COR.10.1F.01 (10/09/07)

POLICY AND PROCEDURES
SUBJECT:

HEALTHY LIFESTYLE PROMOTION

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1.0 PURPOSE

The purpose of this policy is to that inmates are provided information and education regarding self-care so that they may take an active role in making healthier lifestyle changes.

2.0 SCOPE

This policy and procedure applies to all correctional facilities and their assigned personnel.

3.0 REFERENCES AND DEFINITIONS

.1 References

- a. Hawaii Revised Statutes (HRS), § 26-14.6, Department of Public Safety.
- b. HRS, § 353C-2, Director of Public Safety, Powers and Duties.
- c. National Commission on Correctional Health Care, Standards for Health Services in Prison and Jails, (2018).

.2 Definitions

- a. Health Education: Information on preventing illness, self-care for an existing health condition, and maintaining a healthy lifestyle.
- b. Self-Care: A preventative health philosophy that promotes physical wellbeing and includes self-care for a condition that can be managed by the patient and may include over-the-counter medications and remedies.

4.0 POLICY

- .1 Patient self-care shall begin at Intake with the flier called, "Health Care Services."
- .2 At a minimum, compliance requires the availability of various brochures and pamphlets on a variety of health topics in facility areas accessible to all inmates (e.g. medical unit, library, housing areas).

NOT CONFIDENTIAL

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.3 One-on-one health education and counseling shall occur during health encounters when required. Documentation in the medical record shall reflect that the individual received health education and self-care for the condition or injury.

5.0 PROCEDURES

- .1 Facilities and Health Care Sections should take every opportunity to educate the inmate population in self-care. Opportunities will be provided to all inmates to enhance their knowledge of health and healthy life choices.
- .2 General health education methods may include pamphlets, brochures, audio and videotapes, classes and health fairs.
- .3 Health program and custody staff, other State or City Departments, non-profits and volunteers may provide health education.

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